



Presents:

**Basketball Skills Training
with
COACH KEVIN MEREDITH
at
CRESTWOOD MIDDLE SCHOOL**

High Level Training (HLT)

(3 yrs. + competitive ball)

HS/College Practice Structure

&

Highly Competitive Environment

Accepting 7th & 8th graders

Six Sessions Meeting on Wed. & Fri.

Time: 6:00 pm—7:30 pm

Starting on May 6th & Ending on May 22nd

Accepting first 24 students

Cost per students for HLT: \$145.00

Shooting Clinic

(beginner + experienced students)

Clinic Focus:

Extensive **Shot Form** work

Footwork concentration

Shooting around the basket (both hands)

Shooting on both sides of the floor

Shooting off the dribble & catch

Jump shooting

Competitive shooting drills

Six Sessions Meeting on Tues. & Thur.

Time: 6:00 pm—7:30 pm

Starting May 5th & Ending on May 21st

Accepting first 24 students

Cost per student for Shot Clinic: \$140

To reserve a spot either download, fill out, and mail in the registration form and check or call to register over the phone * Checks payable to BEAF

Mail forms to: 1401 Kit Ct., Frederick, MD 21703

Call or Email: 240-344-1586 — Kevin@beafhoops.com

WWW.FOURYOURLIFE.org * WWW.BEAFHOOPS.com

Registration

Name (1) _____ Age: _____ Grade: _____

Name (2) _____ Age: _____ Grade: _____

Address: _____

City: _____ State: _____ Zip: _____

Parent(s)/Guardian Name: _____

Email: _____

Home #: _____ Cell #: _____

Insurance Co: _____

Policy #: _____

Physical Restrictions: _____

PLEASE MAKE ALL CHECKS PAYABLE TO BEAF!

Waiver

I hereby authorize the camp counselors/instructors of the **BEAF** to use their best judgment in case of any emergency requiring medical attention. I hereby waive and release any FCPS, **Tuscarora Titans/4 Your Life/BEAF** counselors/instructors from any and all liability for injuries incurred during the camp. I have no knowledge of any physical impairment that would be affected by the above named student(s) participation in the camps curriculum or activities.

Parent Signature X _____

BEAF UP YOUR GAME!
Please mail registration forms to:
1401 Kit Ct., Frederick MD 21703
Make all checks Payable to BEAF
Questions and concerns contact
Coach Kevin at: 240.344.1586 or
Kevin@beafhoops.com